



YOUNG ISRAEL OF WEST HARTFORD
2240 ALBANY AVENUE
WEST HARTFORD, CT 06117
860-233-3084
Web Site: www.youngisraelwh.org

SHABBAT YOM KIPPUR

October 8, 2011 ✨ 10 Tishrei 5772

גמר חתימה טובה!

Gmar Chatima Tova

May you be inscribed in the Book of Life!

YOUNG ISRAEL OF WEST HARTFORD

Rabbi's Corner

Even as Yom Kippur is upon us we continue to think about the obligation to ask forgiveness of each other and especially of spouses and close family. I personally would like to take this opportunity to ask forgiveness if I have done anything to hurt or offend you.

Yom Kippur can be a tremendously spiritual day and it is also a day on which we have many unique *halachot* to observe. Chazal outline for us 5 different prohibitions (eating & drinking, bathing, anointing, wearing leather shoes, marital relations) that apply to the night and day of Yom Kippur based on the *pasuk* of "veinitem et nafshotechem" aside from the regular prohibition of *melacha* that we have every Shabbos and Yom Tov.

I would like to just review some halachot that may be less well known: It is a mitzvah to eat on Erev Yom Kippur during the day in order to prepare for the fast. We end the day with a *seudah mafseket*, a special pre-fast meal. One who wants to continue drinking or eating after completing the *seuda mafseket*, should verbally declare, before reciting *birkat hamazon*, that he or she is not accepting the fast upon himself or herself as of yet.

While the prohibitions of the day officially don't begin until sundown (6:20pm), it is a mitzvah (*tosefes yom hakippurim*) to accept all the strictures of Yom Kippur slightly before sundown.

For all those lighting candles at home before coming to shul: If you will be accepting Yom Kippur when lighting then you must keep all of the 5 prohibitions of Yom Kippur and the prohibition of *mela-cha*. If you still plan on wearing leather shoes or drinking or driving to shul etc...after you light candles then you must have in mind before lighting that you are NOT accepting Yom Kippur yet. In addition, if you are not accepting Yom Kippur when you light you should NOT say the *bracha* of *Shehechyanu*

Rabbi's Corner continued from Page 1

SUKKAH DECORATIONS

All children are invited to
Esther Glahn's front yard - 42 Brainard Rd.

On Sunday October 9th
From 9:00 AM - 10:00 AM

to make decorations for our SHUL SUKKAH &
your own personal sukkah.

In the event of rain, the decorating will take place
in the shul.

All older children (6th grade and older) are in-
vited to the shul sukkah at 1 pm on October 9th to
help hang decorations (and eat ice cream).

Email Esther Glahn

at: esther_glahn@hotmail.com

with any questions.

WELCOME NEW MEMBERS

Dor & Lissie Markush have been approved as
new members.

PIZZA in the HUT

It's a pizza party in the YIWH Sukkah
Sunday, October 16, 2011, 5:00pm

Pre-orders by October 9

\$18/pie (plus \$1.00/topping)

Place your orders with Steven Bernstein

Phone: (860) 263-7669

E-mail: Bernsteinstj@ccsu.edu

At the Door

\$2.50/slice \$1.00/Can of Soda

Available Toppings

Broccoli, Falafel, Fried Onions,

Mushrooms, Onions, Peppers,

Spinach, Tomato

Kids! Join us for a special "Drive-In"

Editor: Judie Patel

E-mail: bulletin@youngisraelwh.org

Editors Emeritus: Sam Leichtberg & Moish Trencher

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rabbi@youngisraelwh.org

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Affiliate of the National Council of Young Israel Synagogues, Member of the Union of Orthodox Jewish Congregations of America,
Sponsor of West Hartford NCSY, National Conference of Synagogue Youth, Kashrut Commission of Greater Hartford,
Mikveh Bess Israel of Greater Hartford, Eruv of West Hartford

ANNUAL SUKKAH HOP

This year the Sukkah Hop will take place on Shabbat afternoon, October 15th. Anyone that is willing to open up their Sukkah for this great event for our children can email or call Edie Perew.

The groups will be split up by grades
Nursery - 1/2 and 4/5 - 8

We should meet at YIWH at 4:30 PM and the Children should be returning around 6:00 PM.
edieperew@aol.com
Or 860-523-0852

KOL HANEARIM TALLIS PROJECT

Add you child/children's name(s) on our Kol Hanearim Tallis in time for Simchat Torah. Contact Aviva Braunshweiger for more information at: 860-231-1808

MDC Household Hazardous Waste Collection

On Sunday, October 23rd, 2011
from 8:00 AM – 1:00 PM
at the Hartford WPCF
240 Brainard Road
860-278-3809

<http://www.themdc.com/haz10infopack.pdf>

BUY SCRIP! BUY SCRIP!
SHOP RITE & BIG Y SCRIP
AVAILABLE NOW!

Big Y is giving us a bonus for the month of October!

Please remember to buy scrip for your yom tov shopping!!

Don't forget Crown & Stop & Shop too!
Big Y scrip by check only!

When you shop at any of these supermarkets, you can use their scrip to buy many other stores' scrip!

Let's support our Shul by buying scrip!
Every dollar counts!

Contact: Hal & Joan Kadish 860-523-4635
100 Mohawk Drive

SODA BOTTLE COLLECTION

Eliza Katz is collecting bottles, cans, and glass to raise money for the Rabbi's Fund. Please bring empties to: 24 Miamis Road;
860-680-9847

ACKNOWLEDGEMENT

Acknowledgment donations should be sent to Debbie Luger at 37 Miamis Road

**ברוך דין האמת**

It is with great sorrow that we inform you of the passing of Stanley Gertz, father of Karen Rosenfeld, our former Rebbetzin . Condolence calls may be made to Karen at 201-794 1771, in Fairlawn , NJ. May Hashem comfort the entire Rosenfeld and Gertz, families among the other mourners of Zion and Jerusalem.

NUREMBERG: ITS LESSONS FOR TODAY

October 24th at the JCC at 7:30 PM
General Admission Tickets: \$10.00
Donations benefit *Voices of Hope*



Getting Unstuck on Yom Kippur
by [Azriel Hirsh Friedman \(www.aish.com\)](http://www.aish.com)

God wants to help. Just ask Him.

For years I attended *Yom Kippur* services without having any idea why I went. Yet I sensed that *Yom Kippur* was more than just a long day at synagogue waiting for dinner.

Anyone who works hard knows the feeling as vacation approaches. The workload becomes unbearable as you begin to fantasize about sitting on the beach. *Yom Kippur* is like the soul's yearly trip to a heavenly spa resort. The soul knows that at the end of the day, it will come out refreshed and pampered like a new baby.

The Hebrew word for that spiritual spa treatment is *kapara*. Just by showing up to synagogue and going through the service we are saying: "God, I am a wreck. I don't know how I got this way. And now I'm stuck. Please help me."

Everyone knows about the New Year's resolutions that are not kept. The reason New Year's resolutions fail is because in order to change, we first need *kapara*. *Kapara* means that God is personally picking us out of the mud in order that we can succeed in changing to become better people.

In order for this to work, you'll need to do three things: 1) be bothered that you are stuck, 2) list the problems, and 3) find a detail in your life that you can change for the better.

Being bothered you are stuck means regretting having behaved in a certain pattern. Although it is impossible to change all at once, if we make even a tiny change to show we want to be different in even *one area* of life, then *kapara* can work. *Kapara* gives you the power to begin becoming a new person. For example, if a person struggles with greed, he should not say, "I'll stop being greedy." That is impossible to do in an instant. Rather he should say: "I regret that my greed is preventing me from giving to others. I am committing to change by giving an \$18 donation once a month to a Jewish cause."

This is the process of *teshuvah* (retreating from one's negative actions) needed on *Yom Kippur*. But beware of the voice telling you: "This is an insignificant change!" When a person does even a small change, he gets the gift of *kapara*, and with it heavenly assistance to -- over time -- change many details in life, until he eventually truly becomes a new person....

Rabbi's Corner continued from Page 1

when you light candles but say it later in shul after Kol Nidre along with the chazzan.

Since Shabbat and *Yom Kippur* coincide this year, we will not be making Kiddush as we normally would. While the rabbinic mandate for Kiddush on wine is abrogated by *Yom Kippur*, the biblical mandate to "verbally remember Shabbat" is still in effect. Therefore, on the night of *Yom Kippur* as you recite the *amidah* and say the end blessing of "*mekadesh hashabbat veyisrael veyom hakippurim*" you should have in mind that you are fulfilling the requirement of remembering *Shabbat* as well.

While I will formally thank everyone before *Neila*, I would like to, in advance, thank all those who worked so hard to make this *Rosh Hashanna* and *Yom Kippur* so successful! Thank you.

I wish you a good Shabbos and an easy and meaningful fast, a good year, and a *gmar chatima tova*.

Rabbi Weinberg

☆ YIWH Schedule of Services ☆

October 7th - 12th, 2011
Shabbat Yom Kippur

It is easy to sponsor a Kiddush
Or Seudah Shlishit!

Friday, October 7th - Erev Yom Kippur

Shacharit & Short Selichot
Mincha & Hatarat Nedarim (for those who haven't yet)
Candle Lighting
Kol Nidre
Fast Begins NO LATER THAN...

6:30 a.m.
2:45 p.m.
6:07 p.m.
6:10 p.m.
6:20 p.m.

Shabbat, October 8th - Yom Kippur

Shacharit
Sof Zman Kriat Shma
Torah Reading (approx.)
Rabbi's Sermon & Yizkor (approx.)
Mussaf (approx.)
Mincha
Neilah (approx.)
Shofar Blowing & Maariv
Followed by Break Fast Sponsored by
Rabbi Mordechai & Dvorah Weiss
In Memory of Rabbi Weiss' mother
Miriam bat Avraham Chaim Yoseph HaLevi
Who was nifteret on Yom Kippur Mincha

8:00 a.m.
9:46 a.m.
10:45 a.m.
11:30 a.m.
12:00 p.m.
4:30 p.m.
6:00 p.m.
7:05 p.m.

Sunday, October 9th - Tuesday, October 11th

Earliest Tallit & Tefillin
Shacharit... Sunday (NO GEMARA CLASS)
Shacharit... Monday - Tuesday
Mincha/Maariv

6:04 a.m.
8:15 a.m.
6:45 a.m.
6:05 p.m.

Wednesday, October 12th - Erev Sukkot

Shacharit
Make an Eruv Tavshilin Before Candle Lighting
Candle Lighting
Mincha/Maariv

6:45 a.m.
5:58 p.m.
6:03 p.m.

Shul handles set up & Clean up!
Contact Judie Patel at 236-4178
or judiepatel@gmail.com to
check the availability of the date
you need & call Fran Wittenberg
860-232-2320 to make the
arrangements for the type of
Kiddush you want to sponsor.
Checks need to be received
the Sunday prior to your
Kiddush date.
Send to David Cohen at
19 Mansfield Avenue.
There are three types
of Kiddushim:
Standard for \$150,
Semi-Deluxe for \$250
& Deluxe for \$350
With supplements available.
For Seudah Shlishit contact
Stan Rutstein at 232-3369

KIDDUSH SCHEDULE

Ner La'Maor

Lights

Judy & Sam Leichtberg and Batsheva Goldfischer
in memory of
their parents and grandparents,
Israel Weiss ישראל בן דוד
Frida Weiss טוביא פרידה בת עזרא
Abraham Leichtberg אברהם בן שמואל

Yayin I' Kiddush Ve'Havdalah

Wine for Kiddush & Havdallah

Betty & Irving Wizenfeld
in memory of
Betty's Parents, Tobias & Esther Spira
טוביה בן צבי אלימלך
אסתר בת דוד הכהן
Irv's father, Sam Wizenfeld
שמואל מאיר בן יצחק הכהן

Pat La'Orchim

Challah rolls for Seudah Shlishit

Fran & Gene Wittenberg

in memory of

Fran's father, Tzvi ben Yitzchak Meir HaCohen
צבי בן יצחק מאיר הכהן
& Gene's father, Binyamin ben Moshe
בנימין בן משה

Seudah Shlishit Supplement

In Memory of Al Weisel

5771 Candy Man:
Gil Fried

☆ YIWH Schedule of Services ☆
 October 12th - 19, 2011
 Sukkot - Shabbat Chol HaMoed - Hoshanah Rabba

It is easy to sponsor a Kiddush
Or Seudah Shlishit!

Wednesday, October 12th - Erev Sukkot

Shacharit

6:30 a.m.

Make an Eruv Tavshilin Before Candle Lighting

Candle Lighting

5:58 p.m.

Mincha/Maariv

6:03 p.m.

Thursday, October 13th - 1st Sukkot

Shacharit

8:45 a.m.

Mincha/Maariv

6:00 p.m.

Candle Lighting After...

6:57 p.m.

Friday, October 14th - 2nd Sukkot

Shacharit

8:45 a.m.

Candle Lighting After...

5:55 p.m.

Mincha/Maariv

6:00 p.m.

Shabbat, October 15th - 1st Chol HaMoed

Rabbi Sheinkopf's Mishna Brurah Class

8:00 a.m.

Shacharit (with Reading Kohelet)

8:45 a.m.

Sof Zman Kriat Shma

9:49 a.m.

Shabbat Morning Youth Groups

10:00 a.m.

Mincha followed by Seudah Shlishit & Maariv

5:40 p.m.

Shabbat Ends

6:54 p.m.

Sunday, October 16th - Tuesday, October 18th

2nd, 3rd & 4th Chol HaMoed Sukkot

Earliest Tallit & Tefillin

6:12 a.m.

Shacharit... Sunday

8:00 a.m.

Shacharit... Monday - Tuesday

6:30 a.m.

Mincha/Maariv

5:55 p.m.

Wednesday, October 19th - Hoshanah Rabba

Shacharit

6:00 a.m.

Make an Eruv Tavshilin Before Candle Lighting

Candle Lighting

5:47 p.m.

Mincha/Maariv

5:51 p.m.

Making an Eruv Tavshilin
 On Erev Yom Tov, the head of the household, or his designee, should set aside a baked item such as bread or matzoh, and a cooked item such as meat, fish, or eggs (i.e. food that is eaten along with bread). He or she should then recite the blessing of "Baruch ...Al Mitvas Eruv" and the proclamation, both found in the Artsroll Siddur p. 654. Once done, the eruv covers all household members and guests. The food set aside for the eruv should be saved and eaten on Shabbat.

Shul handles set up & Clean up!
 Contact Judie Patel at 236-4178 or judiep@gmail.com to check the availability of the date you need & call Fran Wittenberg 860-232-2320 to make the arrangements for the type of Kiddush you want to sponsor.
Checks need to be received the Sunday prior to your Kiddush date.
 Send to David Cohen at 19 Mansfield Avenue. There are three types of Kiddushim:
 Standard for \$150,
 Semi-Deluxe for \$250
 & Deluxe for \$350
 With supplements available.
 For Seudah Shlishit contact Stan Rutstein at 232-3369

Ner La'Maor

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Judy & Sam Leichtberg and Batsheva Goldfisher
 in memory of

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בנימין בן משה

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☆ YIWH Schedule of Services ☆

October 19 - 28th, 2011

Hoshanah Rabba, Shmini Atzeret, Simchat Torah & Shabbat Mevorchim Bereishit

It is easy to sponsor a Kiddush

Or Seudah Shlishit!

Wednesday, October 19th - Hoshanah Rabba

Shacharit

6:00 a.m.

Make an Eruv Tavshilin Before Candle Lighting

Candle Lighting

5:47 p.m.

Mincha/Maariv

5:51 p.m.

Thursday, October 20th - Shmini Atzeret

Shacharit

8:45 a.m.

Yizkor (approx.)

10:30 a.m.

Mincha/Maariv

5:50 p.m.

Candle Lighting After...

6:47 p.m.

Bidding & Hakafot

Approx. 7:00 p.m.

Friday, October 21st - Simchat Torah

Shacharit

8:45 a.m.

Hakafot, Torah Reading, Kiddush, and

Shiur for those not dancing, and Mussaf

Candle Lighting After...

5:44 p.m.

Mincha/Maariv

5:50 p.m.

Shabbat, October 22nd - Mevorchim Parshat Bereishit

Rabbi Sheinkopf's Mishna Brurah Class

8:00 a.m.

Shacharit

8:45 a.m.

Sof Zman Kriat Shma

9:52 a.m.

Shabbat Morning Youth Groups

10:00 a.m.

Rabbi Weinberg's Shabbat Afternoon Shiur

4:45 p.m.

Mincha followed by Seudah Shlishit & Maariv

5:30 p.m.

Shabbat Ends

6:43 p.m.

Sunday, October 23rd - Thursday, October 27th

Earliest Tallit & Tefillin

6:20 a.m.

Shacharit... Sunday

8:15 a.m.

Shacharit... Monday - Thursday

6:45 a.m.

Mincha/Maariv

5:45 p.m.

Friday, October 28th - Rosh Chodesh Cheshvan

Shacharit

6:30 a.m.

Candle Lighting

5:34 p.m.

Mincha/Maariv

5:39 p.m.

Making an Eruv Tavshilin

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Shul handles set up & Clean up!

Contact Judie Patel at 236-4178 or judiep@gmail.com to check the availability of the date you need & call Fran Wittenberg 860-232-2320 to make the arrangements for the type of Kiddush you want to sponsor.

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Ner La'Maor

Lights

Yayin I' Kiddush Ve'Havdalah
Wine for Kiddush & Havdallah

Pat La'Orchim

Challah rolls for Seudah Shlishit

Seudah Shlishit Supplement

5772 Candy Man:

☆ YIWH Schedule of Services ☆
 October 28th - November 4th, 2011
 Shabbat Parshat Noach

It is easy to sponsor a Kiddush
 Or Seudah Shlishit!

Friday, October 28th - Rosh Chodesh Cheshvan
 Shacharit
 Candle Lighting
 Mincha/Maariv

6:30 a.m.
 5:34 p.m.
 5:39 p.m.

Shabbat, October 29th - Rosh Chodesh Cheshvan
 Rabbi Sheinkopf's Mishna Brurah Class
 Shacharit
 Sof Zman Kriat Shma
 Shabbat Morning Youth Groups
 Rabbi Weinberg's Shabbat Afternoon Class on Melachim I
 Mincha followed by Seudah Shlishit & Maariv
 Shabbat Ends

8:00 a.m.
 8:45 a.m.
 9:56 a.m.
 10:00 a.m.
 4:30 p.m.
 5:15 p.m.
 6:33 p.m.

Sunday, October 30th - Thursday, November 3rd
 Earliest Tallit & Tefillin
 Shacharit... Sunday
 Followed by Rabbi Weinberg's Gemara Shiur on
Masechet Makot

6:27 a.m.
 8:15 a.m.
 9:00 a.m.

Shacharit... Monday - Thursday
 Mincha/Maariv

6:45 a.m.
 5:35 p.m.

Friday, November 4th
 Shacharit
 Candle Lighting
 Mincha/Maariv

6:30 a.m.
 5:25 p.m.
 5:30 p.m.

Shul handles set up & Clean up!
 Contact Judie Patel at 236-4178
 or judiep@gmail.com to
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KIDDUSH SCHEDULE

Check out the weekly Schedule on the YIWH Website <http://go.youngisraelwh.org/times> Times from: www.ou.org/holidays/calendar
 For Eruv Information: <http://twitter.com/WHartfordEruv> or <http://youngisraelwh.org/index.php/en/home/the-eruv>
 (Hotline - 860-232-6417)

Ner La'Maor
 Lights

Yayin I' Kiddush Ve'Havdalah
 Wine for Kiddush & Havdallah

Pat La'Orchim
 Challah rolls for Seudah Shlishit

Seudah Shlishit Supplement

5772 Candy Man:

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If you are interested in subscribing to the yiwhevents listserv, send an e-mail to webmaster@youngisraelwh.org and he will
 add your name. If you are a member of the group, you can send an e-mail to the entire group by addressing your e-mail to
yiwhevents@yahoogroups.com .